

**Week Commencing:**
**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

Please place completed menu in the plastic bag your receive it in and return to your driver.  
Please select your meal by placing a tick next to one Main Meal (A, B or C) and Dessert or Fresh Fruit. If you would like Soup please tick the applicable box.

MONDAY	
<b>Please Select one Main Meal</b> A <input type="checkbox"/> Slow Cooked Beef Cheeks B <input type="checkbox"/> Chicken Fricassee C <input type="checkbox"/> Caesar Salad	<b>Please Select one Dessert</b> A <input type="checkbox"/> Apple and Rhubarb Crumble B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Stewed Fruit <input type="checkbox"/> New England Chicken Chowder
TUESDAY	
<b>Please Select one Main Meal</b> A <input type="checkbox"/> Salmon Fillets with Light Coconut Curry Sauce with Rice B <input type="checkbox"/> Ravioli Pasta with Rich Napoli Sauce C <input type="checkbox"/> Nicoise Salad with Tuna	<b>Please Select one Dessert</b> A <input type="checkbox"/> Chocolate Espresso Slice with Chantilly Cream B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Stewed Fruit <input type="checkbox"/> Cream Roasted Pumpkin Soup
WEDNESDAY	
<b>Please Select one Main Meal</b> A <input type="checkbox"/> Lamb Rosemary Vegetable Stew B <input type="checkbox"/> Pork with Plum Sauce C <input type="checkbox"/> Potato and Bacon Salad	<b>Please Select one Dessert</b> A <input type="checkbox"/> Pineapple Coconut Cheesecake B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Stewed Fruit <input type="checkbox"/> Beef Barley Soup
THURSDAY	
<b>Please Select one Main Meal</b> A <input type="checkbox"/> Roast Chicken with Gravy B <input type="checkbox"/> Corned Silverside with Mustard Sauce C <input type="checkbox"/> Beetroot, Ham & Egg Salad	<b>Please Select one Dessert</b> A <input type="checkbox"/> Jelly Two Fruits B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Stewed Fruit <input type="checkbox"/> Red Lentil & Sweet Potato Soup
FRIDAY	
<b>Please Select one Main Meal</b> A <input type="checkbox"/> Fish of the Day with Lemon Sauce B <input type="checkbox"/> Vegetarian Lasagne C <input type="checkbox"/> Italian Bean Salad	<b>Please Select one Dessert</b> A <input type="checkbox"/> Tiramisu B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Stewed Fruit <input type="checkbox"/> Potato and Leek Soup

**We value your opinion, please turn over to give your feedback.**