

Please Select one Main Meal

B Pork with Plum Sauce

A

Lamb Rosemary Vegetable Stew

Meals Service Autumn Menu - Week 1 Menu Ph. 9880 4750 and 0437 816 081

week Commencing:			
Name:			
Address:			
Please complete your menu and return to your driver. Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert, Stewed Fruit or Fresh Fruit. If you would like Soup please tick the applicable box.			
MONDAY – Delivered Monday. This Meal must be eaten on Monday.			
Please Select one Main Meal		Please Select one Dessert	
A □	Beef Meatloaf	Α□	New York Baked Cheesecake
В□	Chermoula Chicken	В□	Fresh Fruit Stewed Fruit
			Chicken and Leek Soup
TUESDAY - Delivered Monday. This Meal must be eaten on Tuesday.			
Please Select one Main Meal		Please Select one Dessert	
A □	Roast Turkey with Gravy	Α□	Trifle
В□	Roast Pork with Gravy	В□	Fresh Fruit Stewed Fruit
			New England Chicken Chowder
WEDNESDAY - Delivered Wednesday. This Meal must be eaten on Wednesday.			
Please Select one Main Meal		Please Select one Dessert	
A □	Slow Cooked Beef Cheeks	Α□	Apple and Rhubarb Crumble
В□	Chicken Fricassee	В□	Fresh Fruit Stewed Fruit
			New England Chicken Chowder
THURSDAY - Delivered Wednesday. This Meal must be eaten on Thursday.			
Please Select one Main Meal		Please Select one Dessert	
A 🗆	Salmon Fillets with Light Coconut Curry Sauce with Rice	Α□	Chocolate Espresso Slice with Chantilly Cream
В□	Ravioli Pasta with Rich Napoli Sauce	В□	Fresh Fruit Stewed Fruit
			Creamy Roasted Pumpkin Soup
FRIDAY- Delivered Friday. This Meal must be eaten on Friday.			

We value your opinion, please turn over to give your feedback.

Please Select one Dessert

A

Pineapple Coconut Cheesecake

B ☐ Fresh Fruit ☐ Stewed Fruit

Beef Barley Soup