

Week Commencing:

Meals Service Autumn Menu - Week 3 Menu Ph. 9880 4703

Name:		
Please place completed menu in the plastic bag your receive it in and return to your driver. Please select your meal by placing a tick next to one Main (A,B or C)) and Dessert or Fresh Fruit. If you would like Soup please tick the applicable box.		
MONDAY		
Please	Select one Main Meal	Please Select one Dessert
A □	Beef Diane	A White Chocolate and Raspberry Cheesecake
В□	Pumpkin and Basil Risotto Served with	B ☐ Fresh Fruit ☐ Stewed Fruit
	Garlic Bread & Fresh Parmesan Cheese	
С□	Ham, Beetroot & Egg Salad	☐ Cream of Celery Soup
TUESDAY		
Please	Select one Main Meal	Please Select one Dessert
A □	Slow Cooked Lamb Noisettes with Red	A Plum Pudding with Warm Custard
	Wine Sauce	
В□	Pasta Bolognaise and Fresh Parmesan Cheese	B ☐ Fresh Fruit ☐ Stewed Fruit
СП	Greek Salad	☐ Lamb Scotch Broth
WEDNESDAY		
Please	Select one Main Meal	Please Select one Dessert
A □	Honey Soy Chicken	A Blueberries Panna cotta
В□	Garlic Prawns with Rich Creamy Sauce	B ☐ Fresh Fruit ☐ Stewed Fruit
С□	Chicken Salad	☐ Lentil Curry Soup
THURSDAY		
Please Select one Main Meal		Please Select one Dessert
A □	Roast Turkey with Gravy	A Chocolate Eclairs
В□	Roast Beef with Gravy	B ☐ Fresh Fruit ☐ Stewed Fruit
СП	Nicoise Salad with Tuna	☐ Mushroom Soup
FRIDAY		
Please Select one Main Meal P		Please Select one Dessert
A □	Fish of the Day with Lemon Sauce	A Apricot Crumble
В□	Mediterranean Vegetable Flan with Relish	B ☐ Fresh Fruit ☐ Stewed Fruit
СП	Caesar Salad	☐ Creamy Pumpkin Soup

We value your opinion, please turn over to give your feedback.