

Week Commencing: 12th April 2021

Meals Service Autumn Menu - Week 1 Menu Ph. 9880 4703

Name:			
Address:			
Please place completed menu in the plastic bag your receive it in and return to your driver. Please select your meal by placing a tick next to one Main Meal (A, B or C) and Dessert or Fresh Fruit. If you would like Soup please tick the applicable box.			
MONDAY			
Please Select one Main Meal		Please	Select one Dessert
A □	Slow Cooked Beef Cheeks	Α□	Apple and Rhubarb Crumble
В□	Chicken Fricassee	В□	Fresh Fruit Stewed Fruit
СП	Caesar Salad		New England Chicken Chowder
TUESDAY			
Please	ase Select one Main Meal Please Select one Dessert		
A □	Salmon Fillets with Light Coconut Curry Sauce with Rice	Α□	Chocolate Espresso Slice with Chantilly Cream
В□	Ravioli Pasta with Rich Napoli Sauce	В□	Fresh Fruit Stewed Fruit
С□	Nicoise Salad with Tuna		Cream Roasted Pumpkin Soup
WEDNESDAY			
Please	ease Select one Main Meal Please Select one Dessert		
A □	Lamb Rosemary Vegetable Stew	A 🗆	Pineapple Coconut Cheesecake
В□	Pork with Plum Sauce	В□	Fresh Fruit Stewed Fruit
СП	Potato and Bacon Salad		Beef Barley Soup
THURSDAY			
Please	Select one Main Meal	Please	Select one Dessert
A □	Roast Chicken with Gravy	A 🗆	Jelly Two Fruits
В□	Corned Silverside with Mustard Sauce	В□	Fresh Fruit Stewed Fruit
С□	Beetroot, Ham & Egg Salad		Red Lentil & Sweet Potato Soup
FRIDAY			
Please Select one Main Meal Please Select one Dessert			
A □	Fish of the Day with Lemon Sauce	Α□	Tiramisu
В□	Vegetarian Lasagne	В□	Fresh Fruit Stewed Fruit
СП	Italian Bean Salad		Potato and Leek Soup
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We value your opinion, please turn over to give your feedback.