

Meals Service Spring Menu - Week 4 Menu

Ph. 9819 7194

Week Commencing: 12 th October 2020			
Name:			
Address:			

Please place completed menu in the plastic bag your receive it in and return to your driver.

Please select your meal by placing a tick next to one Main Meal (A or B) and Dessert or Fresh Fruit. If you would like Soup please tick the applicable box.

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MONDAY					
Please Select one Main Meal		Please Select one Dessert			
A 🗆	Beef Pie	A □	Citrus Custard Tart		
В□	Chicken and Mushroom Casserole	В□	Stewed Fruit		
			Mushroom Soup		
TUESDAY					
Please Select one Main Meal		Please	Select one Dessert		
A 🗆	Salmon with Light Curry Sauce and Rice	A □	Pavlova with Berry Compote		
В□	Pickled Pork	В□	Stewed Fruit		
			Tuscan Chickpea Soup with Pasta		
WEDNESDAY					
Please Select one Main Meal		Please	Select one Dessert		
A 🗆	Honey Soy Chicken	A 🗆	Galaktoboureko		
В□	Garlic Prawns	В□	Stewed Fruit		
			Lentil Curry Soup		
THURSDAY					
Please Select one Main Meal		Please	e Select one Dessert		
A 🗆	Braised Steak with Brown Gravy	A 🗆	Bread and Butter Pudding		
В□	Moroccan Lamb Meatballs with Minted Yoghurt	В□	Stewed Fruit		
			Beef and Noodles Soup		
FRIDAY					
Please Select one Main Meal		Please	Select one Dessert		
A □	Smoked Cod with Tomato Salsa and Mash Potato	Α□	Chocolate Tart		
В□	Curried Sausages with Rice	В□	Stewed Fruit		
			Creamy Zucchini and Basil Soup		

We value your opinion, please turn over to give your feedback.

Please write any comments you have on our meals and the service we provide.
Thank you