

Week Commencing: 6th April 2020

Name: _____

Address: _____

MONDAY	
Please Select one Main Meal A <input type="checkbox"/> Meat Ball with Rich Napoli Sauce B <input type="checkbox"/> Satay Chicken C <input type="checkbox"/> Caesar Salad	Please Select one Dessert A <input type="checkbox"/> Apple Pie B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> French Onion Soup <i>(please tick if you would like soup)</i>
TUESDAY	
Please Select one Main Meal A <input type="checkbox"/> Vegetarian Lasagne B <input type="checkbox"/> Pickled Pork C <input type="checkbox"/> Traditional Ham Salad	Please Select one Dessert A <input type="checkbox"/> Mango Cheesecake B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Tuscan Chickpea Soup with Pasta <i>(please tick if you would like soup)</i>
WEDNESDAY	
Please Select one Main Meal A <input type="checkbox"/> Honey Soy Chicken B <input type="checkbox"/> Garlic Prawns C <input type="checkbox"/> Tuna Salad	Please Select one Dessert A <input type="checkbox"/> Chocolate Ripple Cake B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Cream of Broccoli <i>(please tick if you would like soup)</i>
THURSDAY	
Please Select one Main Meal A <input type="checkbox"/> Roast Beef B <input type="checkbox"/> Slow Cooked Lamb with Mint Sauce C <input type="checkbox"/> Chicken Salad	Please Select one Dessert A <input type="checkbox"/> Bread and Butter Pudding B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Creamy Zucchini Soup <i>(please tick if you would like soup)</i>
FRIDAY	
Please Select one Main Meal A <input type="checkbox"/> Crumbed Fish B <input type="checkbox"/> Southern Fried Chicken C <input type="checkbox"/> Farmhouse Salad	Please Select one Dessert A <input type="checkbox"/> Trifle B <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Pea and Ham Soup <i>(please tick if you would like soup)</i>

All Hot Main Meals are served with Vegetables. Vegetarian meals available on request.

Please contact our office for this week's selection. Please return completed menu with your Volunteer by next Wednesday

Email: mealsservice@basscare.org.au Website: www.basscare.org.au