

Week Commencing: 30<sup>th</sup> March 2020

Name: \_\_\_\_\_

Address: \_\_\_\_\_

MONDAY	
<b>Please Select one Main Meal</b> A <input type="checkbox"/> Beef Diane B <input type="checkbox"/> Chicken Schnitzel C <input type="checkbox"/> Caesar Salad	<b>Please Select one Dessert</b> A <input type="checkbox"/> Plum Pudding with Custard B <input type="checkbox"/> Stewed Fruit <input type="checkbox"/> Creamy Pumpkin Soup <i>(please tick if you would like soup)</i>
TUESDAY	
<b>Please Select one Main Meal</b> A <input type="checkbox"/> Lamb Rissole B <input type="checkbox"/> Fish Korma with Rice C <input type="checkbox"/> Traditional Ham Salad	<b>Please Select one Dessert</b> A <input type="checkbox"/> Rice Pudding B <input type="checkbox"/> Stewed Fruit <input type="checkbox"/> Beef Barley Soup <i>(please tick if you would like soup)</i>
WEDNESDAY	
<b>Please Select one Main Meal</b> A <input type="checkbox"/> Curried Sausages with Rice B <input type="checkbox"/> Moroccan Chicken C <input type="checkbox"/> Tuna Salad	<b>Please Select one Dessert</b> A <input type="checkbox"/> Chocolate Cheesecake B <input type="checkbox"/> Stewed Fruit <input type="checkbox"/> Sweet Potato Soup <i>(please tick if you would like soup)</i>
THURSDAY	
<b>Please Select one Main Meal</b> A <input type="checkbox"/> Corned Beef B <input type="checkbox"/> Roast Pork C <input type="checkbox"/> Chicken Salad	<b>Please Select one Dessert</b> A <input type="checkbox"/> Steamed Date Pudding with Caramel Sauce B <input type="checkbox"/> Stewed Fruit <input type="checkbox"/> Creamy Pumpkin & Bacon Soup <i>(please tick if you would like soup)</i>
FRIDAY	
<b>Please Select one Main Meal</b> A <input type="checkbox"/> Baby Barramundi Fillet B <input type="checkbox"/> Beef Rissole C <input type="checkbox"/> Farmhouse Salad	<b>Please Select one Dessert</b> A <input type="checkbox"/> Cream Caramel B <input type="checkbox"/> Stewed Fruit <input type="checkbox"/> Coconut Red Lentil Curry Soup <i>(please tick if you would like soup)</i>

All Hot Main Meals are served with Vegetables. Vegetarian meals available on request.

Please contact our office for this week's selection. Please return completed menu with your Volunteer by next Wednesday

Email: [marwal@basscare.org.au](mailto:marwal@basscare.org.au) Website: [www.basscare.org.au](http://www.basscare.org.au)