

All activities, groups and lunch are at Canterbury Centre unless otherwise stated.

Bookings Essential 9880 4709

Canterbury Centre, 2 Rochester Road, Canterbury. Marwal Centre, 9 Marwal Avenue, Balwyn North.

JANUARY 2020

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SAT	SUN
30		31		1		2		3		4	5
				NEW	50	9.00am	Hairdresser (Marwal)	9.00am	Podiatry		12.20
				YEAR DAY	S	12.30pm	Lunch	12.30pm	Lunch		12.30pm Lunch
				PUBLIC	HOLIDAY (office closed)						
6		7		8		9		10		11	12
12.20	Lunch	42.20	Lunch	10.00am	Exercise Class (*I)	10.00am	Exercise Class (*A)	9.00am 9.00am	Yarra Ranges Regional Museum Hairdresser Podiatry (Marwal)		12.30pm
12.30pm		12.30pm L		12.30pm	Lunch	10.00am 12.30pm	Exercise Class (*I) (Marwal) Lunch	12.30pm	Lunch		Lunch
						·		1.00pm	Exercise Physiology		
13		14		15		16		17		18	19
Outing*	Boroondara Blokes Steeples Bistro, Mornington	Day Trip* [Diamond Creek Hotel	10.00am	Exercise Class (*I)	9.00am	Hairdresser (Marwal)	Day Trip*	Crackerjack Café, Seaford		
			Exercise Class (*N) Exercise Class (*N)		Learn Laugh & Lunch Group	10.00am 10.00am	Exercise Class (*A) Exercise Class (*I) (Marwal)	9.00am	Podiatry		12.30pm Lunch
12.30pm	Lunch	12.30pm L	Lunch	12.30pm Lunch 1.30pm Movie		Lunch (Marwal) Lunch	12.30pm 1.00pm	Lunch Exercise Physiology			
				·		·			, 3,		
20		21		22	F	23		24		25	26
12.30pm 2.00pm	Lunch SPECIAL PRESENTATION: MUSIC FOR WELLBEING	. В	Cardinia Park Hotel, Beaconsfield Exercise Class (*N)	10.00am 10.30am 12.15pm	Exercise Class (*I) Learn Laugh & Lunch Group SPECIAL EVENT:	10.00am 10.00am	Exercise Class (*A) Exercise Class (*I) (Marwal)	9.00am 9.00am	Stonehouse Café, Warrandyte Hairdresser Podiatry (Marwal)		12.30pm
		11.15am E	Exercise Class (*N)	BBQ LU	AUSTRALIA DAY BBQ LUNCH (Canterbury)	12.00pm 12.30pm		12.30pm	Lunch		Lunch
		12.30pm L	-unch					1.00pm	Exercise Physiology		
27	* *	28		29		30		31		1	2
* * *		Day Trip* M	Melton Country Club	10.00am 10.30am	Exercise Class (*I) Learn Laugh & Lunch Group	9.00am 10.00am 10.00am	Hairdresser (Marwal) Exercise Class (*A) Exercise Class (*I) (Marwal)	Day Trip* 9.00am 12.30pm	Podiatry Lunch		
▼ AU:	AUSTRALIA DAY		Exercise Class (*N) Exercise Class (*N)	12.30pm		12.00pm 12.30pm	Lunch (Marwal) Lunch	1.00pm 2.00pm	Exercise Physiology LIVE MUSIC:		
PUBLIC HOLIDAY (office closed)			Lunch		Movie	1.30pm	Opm SPECIAL ART SESSION: CREATIVITY & CLAY	2.500111	The String Contingent		



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FEBRUARY 2020

MONDAY		TUESDAY		1.30pm WEDNESDAY		THURSDAY		FRIDAY		SUN
	28		29		30		31		1	2
										12.30pm Lunch
	4		5		6		7		8	9
Boroondara Blokes 'Morning Melodies' York on Lilydale Live Music & Dance (Marwal) Lunch Brain Games	10.00am 11.15am 12.30pm 1.30pm 1.30pm 1.30pm	Balaclava Hotel, East St Kilda Exercise Class (*N) Exercise Class (*N) Lunch STORYTELLING PROGRAM BC-Connected – Tech Help Small Seeds Garden Group	10.00am 10.30am 12.30pm 1.30pm 1.30pm	Exercise Class (*I) Learn Laugh & Lunch Group Lunch Craft Movie	10.00am 10.00am 12.00pm 12.30pm 1.30pm 1.30pm	Exercise Class (*A) Exercise Class (*I) (Marwal) Lunch (Marwal) Lunch Pottery BC-Connected – Tech Help	9.00am 9.00am 12.30pm 1.00pm 1.30pm 1.30pm	Eagle Summit Café, Arthurs Seat Hairdresser Podiatry (Marwal) Lunch Exercise Physiology Art Group BC-Connected – Tech Help		12.30pm Lunch
	11		12		13		14		15	16
Live Music & Dance (Marwal) Lunch Brain Games	10.00am 11.15am 12.30pm 1.30pm 1.30pm	Exercise Class (*N) Exercise Class (*N) Lunch BC-Connected – Tech Help Small Seeds Garden Group	10.00am 10.30am 10.45am 12.30pm 1.30pm 1.30pm	Exercise Class (*I) Learn, Laugh & Lunch Group SPECIAL PRESENTATION HISTORY OF THE VICTORIAN PARLIAMENT Lunch Craft Working Bee – Mail Out	9.00am 10.00am 10.00am 12.00pm 12.30pm 1.30pm 1.30pm	Hairdresser (Marwal) Exercise Class (*A) Exercise Class (*I) (Marwal) Lunch (Marwal) Lunch Pottery BC-Connected – Tech Help	9.00am 12.30pm 1.00pm 1.30pm 1.30pm	Reggio Calabria Club, Parkville Podiatry Lunch Exercise Physiology Art Group BC-Connected – Tech Help		12.30pm Lunch
	18		19		20		21		22	23
Boroondara Blokes Diamond Creek Hotel Live Music & Dance (Marwal) Lunch Brain Games	10.00am 11.15am 12.30pm 1.30pm 1.30pm	Daisey's Hotel, Ringwood Exercise Class (*N) Exercise Class (*N) Lunch BC-Connected – Tech Help Small Seeds Garden Group	10.30am 12.30pm 1.30pm 1.30pm	Exercise Class (*I) Learn Laugh & Lunch Group Lunch Craft Movie	10.00am 10.00am 12.00pm 12.30pm 1.30pm 1.30pm	Exercise Class (*A) Exercise Class (*I) (Marwal) Lunch (Marwal) Lunch Pottery BC-Connected – Tech Help	9.00am 9.00am 12.30pm 1.00pm 1.30pm 1.30pm	Bayview Restaurant, Mornington Golf Club Hairdresser Podiatry (Marwal) Lunch Exercise Physiology Art Group BC-Connected – Tech Help		12.30pm Lunch
	25		26		27		28		29	1
Live Music & Dance	Day Trip* 10.00am	Whittlesea Bowls Club Exercise Class (*N) Exercise Class (*N)	10.00am 10.30am	Exercise Class (*I) Learn Laugh & Lunch Group	9.00am 10.00am 10.00am	Hairdresser (Marwal) Exercise Class (*A) Exercise Class (*I) (Marwal)	Day Trip* 9.00am	Kelly's Bar & Kitchen, Olinda Podiatry		
	'Morning Melodies' York on Lilydale Live Music & Dance (Marwal) Lunch Brain Games Live Music & Dance (Marwal) Lunch Brain Games Boroondara Blokes Diamond Creek Hotel Live Music & Dance (Marwal) Lunch	Boroondara Blokes 'Morning Melodies' York on Lilydale Live Music & Dance (Marwal) Lunch Brain Games 11 Day Trip* 130pm 1.30pm 1.30pm 1.30pm 1.30pm 1.30pm 1.30pm 1.30pm 1.15am 11.15am 12.30pm 1.30pm	Boroondara Blokes (Morning Melodies' York on Lilydale Live Music & Dance (Marwal) Lunch Brain Games 1.30pm	A Boroondara Blokes Melodies' 10.00am Exercise Class (*N) 12.30pm 1.30pm 1.30	A	A	A	A	A	A