

## Meals Service Spring Menu – Week 2 Menu

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Please use the tick box to indicate you menu choices.  
Main Course (*All hot meals are served with Vegetables*)  
Dessert or fruit and soup are optional.

### Monday

- |                            |                          |                          |                         |
|----------------------------|--------------------------|--------------------------|-------------------------|
| A <input type="checkbox"/> | Meatloaf & Gravy         | <input type="checkbox"/> | Orange Syrup Cake       |
| B <input type="checkbox"/> | Mild Mango Chicken Curry | <input type="checkbox"/> | Fresh Fruit             |
| C <input type="checkbox"/> | Greek Salad              | <input type="checkbox"/> | Turkey & Vegetable Soup |

### Tuesday

- |                            |                  |                          |                    |
|----------------------------|------------------|--------------------------|--------------------|
| A <input type="checkbox"/> | Fish Stew        | <input type="checkbox"/> | Berry Tart         |
| B <input type="checkbox"/> | Curried Sausages | <input type="checkbox"/> | Fresh Fruit        |
| C <input type="checkbox"/> | Caesar Salad     | <input type="checkbox"/> | Potato & Leek Soup |

### Wednesday

- |                            |                        |                          |                    |
|----------------------------|------------------------|--------------------------|--------------------|
| A <input type="checkbox"/> | Garlic & Lemon Chicken | <input type="checkbox"/> | Vanilla Cheesecake |
| B <input type="checkbox"/> | Lamb Casserole         | <input type="checkbox"/> | Fresh Fruit        |
| C <input type="checkbox"/> | Chicken Salad          | <input type="checkbox"/> | Beef & Barley Soup |

### Thursday

- |                            |                       |                          |                         |
|----------------------------|-----------------------|--------------------------|-------------------------|
| A <input type="checkbox"/> | Braised Steak         | <input type="checkbox"/> | Apple & Rhubarb Crumble |
| B <input type="checkbox"/> | Indian Butter Chicken | <input type="checkbox"/> | Fresh Fruit             |
| C <input type="checkbox"/> | Harvest Salad         | <input type="checkbox"/> | Lamb & Vegetable Soup   |

### Friday

- |                            |                          |                          |                         |
|----------------------------|--------------------------|--------------------------|-------------------------|
| A <input type="checkbox"/> | Chargrilled Salmon       | <input type="checkbox"/> | Coconut Sultana Custard |
| B <input type="checkbox"/> | Slow Cooked Beef Brisket | <input type="checkbox"/> | Fresh Fruit             |
| C <input type="checkbox"/> | Farmhouse Salad          | <input type="checkbox"/> | Pea & Ham Soup          |

Vegetarian meals available on request.

Please contact our office for this week's selection

Please return completed menu with your Volunteer by next Wednesday

Email: [mealsservice@basscare.org.au](mailto:mealsservice@basscare.org.au)

Phone: 98804703

Website: [www.basscare.org.au](http://www.basscare.org.au)

