MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
27	28	29	30	31	1	2
				FATHERS 3 course at 27 Shie Canterbur	hot lunch rlaw Ave	12.30PM Lunch
3	4	5	6	7	8	9
12.30pm Lunch 1.30pm Brain Games	Outing Day Trip* 10.00am Exercise Class 11.15am Exercise Class 12.30pm Lunch 1.30pm Computer Assistance	10.00am Exercise Class 10.30am Group – Learn Laugh & Lunch 12.30pm Lunch 1.00pm Craft 1.30pm Movie	10.00am Exercise Class 10.00am Exercise Class (Marwal Centre Balwyn Nth) 10.00am Fun with Film 12.00pm Lunch (Marwal Centre Balwyn Nth) 12.30pm Lunch 1.00pm Pottery 2.00pm Computer Assistance	Outing Day Trip* Living Legends 9.00am Hairdresser 9.00am Podiatry (Marwal Centre Balwyn Nth) 12.30pm Lunch 1.00pm Watercolour Painting 2.00pm Computer Assistance		12.30PM Lunch
10	11	12	13	14	15	16
Outing Boroondara Blokes	Outing Day Trip* 10.00am Exercise Class 11.15am Exercise Class	10.00am Exercise Class 10.30am Group – Learn Laugh & Lunch	 9.00am Hairdresser (Marwal Centre Balwyn Nth) 10.00am Exercise Class 10.00am Exercise Class (Marwal Centre Balwyn Nth) 11.30am Special Event – Springtime Dance Marwal Centre Balwyn Nth) 	Outing Day Trip* 9.00am Podiatry		
12.30pm Lunch 1.30pm Brain Games	12.30pm Lunch1.30pm Computer Assistance1.45pm Cool Cats Music	12.30pm Lunch 1.00pm Craft 1.30pm Movie	12.30pm Lunch 1.00pm Pottery 2.00pm Computer Assistance	12.30pm Lunch 1.00pm Watercolour Painting 2.00pm Computer Assistance		12.30PM Lunch
17	18	19	20	21	22	23
12.30pm Lunch 1.30pm Brain Games	Outing Day Trip* 10.00am Exercise Class 11.15am Exercise Class 12.30pm Lunch 1.30pm Computer Assistance	10.00am Exercise Class 10.30am Group – Learn Laugh & Lunch 12.30pm Lunch 1.00pm Craft 1.30pm Movie	10.00am Exercise Class 10.00am Exercise Class (Marwal Centre Balwyn Nth) 10.00am Fun with Film 12.00pm Lunch (Marwal Centre Balwyn Nth) 12.30pm Lunch 1.00pm Pottery 2.00pm Computer Assistance	Outing Day Trip* 9.00am Hairdresser 9.00am Podiatry (Marwal Centre Balwyn Nth) 12.30pm Lunch 1.00pm Watercolour Painting 2.00pm Computer Assistance		12.30PM Lunch
24	25	26	27	28	29	30
Outing Boroondara Blokes 12.30pm Lunch 1.30pm Brain Games	Outing Day Trip* 10.00am Exercise Class 11.15am Exercise Class 12.30pm Lunch 1.30pm Computer Assistance 1.45pm Cool Cats Music	 10.00am Exercise Class 10.30am Group – Learn Laugh & Lunch 12.30pm FOOTY FEVER - Special Lunch 1.00pm Craft 	 9.00am Hairdresser (Marwal Centre Balwyn Nth) 10.00am Exercise Class 10.00am Exercise Class (Marwal Centre Balwyn Nth) 12.00pm Lunch (Marwal Centre Balwyn Nth) 12.30pm Lunch 1.00pm Pottery 2.00pm Computer Assistance 	PUBLIC HOLIDAY (office closed)		12.30PM Lunch



All activities, groups and lunch are at Canterbury Centre unless otherwise stated.

Bookings Essential 9880 4700

Canterbury Centre, 2 Rochester Road, Canterbury. Marwal Centre, 9 Marwal Avenue, Balwyn North.

OCTOBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
1	2	3	4	5	6	7
12.30pm Lunch 1.30pm Brain Games	Outing Day Trip* 10.00am Exercise Class 11.15am Exercise Class 12.30pm Lunch 1.30pm Computer Assistance	10.00am Exercise Class 10.30am Group – Learn Laugh & Lunch 12.30pm Lunch 1.00pm Craft 1.30pm Movie	10.00am Exercise Class 10.00am Exercise Class (Marwal Centre Balwyn Nth) 12.00pm Lunch (Marwal Centre Balwyn Nth) 12.30pm Lunch 12.45pm SPECIAL TALK How we communicate in 2018 1.00pm Pottery 2.00pm Computer Assistance	Outing Day Trip* 9.00am Hairdresser 9.00am Podiatry (Marwal Centre Balwyn Nth) 12.30pm Lunch 1.00pm Watercolour Painting 2.00pm Computer Assistance		12.30PM Lunch
8	9	10	11	12	13	14
Outing Boroondara Blokes 12.30pm Lunch 1.30pm Brain Games	Outing Day Trip* 10.00am Exercise Class 11.15am Exercise Class 12.30pm Lunch 1.30pm Computer Assistance 1.45pm Cool Cats Music	10.00am Exercise Class 10.30am Group – Learn Laugh & Lunch 12.30pm Lunch 1.00pm Craft 1.30pm Movie	9.00am Hairdresser (Marwal Centre Balwyn Nth) 10.00am Exercise Class 10.00am Exercise Class (Marwal Centre Balwyn Nth) 10.00am Fun with Film 12.00pm Lunch (Marwal Centre Balwyn Nth) 12.30pm Lunch 1.00pm Pottery 2.00pm Computer Assistance	Outing Day Trip* 9.00am Podiatry 12.30pm Lunch 1.00pm Watercolour Painting 2.00pm Computer Assistance		12.30PM Lunch
15	16	17	18	19	20	21
12.30pm Lunch 1.30pm Brain Games	Outing Day Trip 10.00am Exercise Class 11.15am Exercise Class 12.30pm Lunch 1.30pm Computer Assistance	10.00am Exercise Class 10.30am Group – Learn Laugh & Lunch 12.30pm Lunch 1.00pm Craft 1.30pm Working Bee – Mail Out	10.00am Exercise Class 10.00am Exercise Class (Marwal Centre Balwyn Nth) 12.00pm Lunch (Marwal Centre Balwyn Nth) 12.30pm Lunch 1.00pm Pottery 2.00pm Computer Assistance	Outing Day Trip* 9.00am Hairdresser 9.00am Podiatry (Marwal Centre Balwyn Nth) 12.30pm Lunch 1.00pm Watercolour Painting 2.00pm Computer Assistance		12.30PM Lunch
22	23	24	25	26	27	28
Outing Boroondara Blokes 12.30pm Lunch 1.30pm Brain Games	Outing Day Trip* 10.00am Exercise Class 11.15am Exercise Class 12.30pm Lunch 1.30pm Computer Assistance 1.45pm Cool Cats Music	10.00am Exercise Class 10.30am Group – Learn Laugh & Lunch 12.30pm Lunch 1.00pm Craft 1.30pm Movie	9.00am Hairdresser (Marwal Centre Balwyn Nth) 10.00am Exercise Class 10.00am Exercise Class (Marwal Centre Balwyn Nth) 12.00pm Lunch (Marwal Centre Balwyn Nth) 12.30pm Lunch 1.00pm Pottery 2.00pm Computer Assistance	Outing Day Trip* 9.00am Podiatry 12.30pm Lunch 1.00pm Watercolour Painting 2.00pm Computer Assistance		12.30PM Lunch
29	30	31	1	2	3	4
	Outing Day Trip* 10.00am Exercise Class 11.15am Exercise Class	10.00am Exercise Class 10.30am Group – Learn Laugh & Lunch				
12.30pm Lunch 1.30pm Brain Games	12.30pm Lunch 1.30pm Computer Assistance	12.30pm Lunch 1.00pm Craft 1.30pm Movie				