

All activities, groups and lunch are at Canterbury Centre unless otherwise stated.

Canterbury Centre 2 Rochester Road Canterbury. **Marwal Centre** 9 Marwal Avenue Balwyn North. MAY 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SAT	SUN
	1	2	3	4	5	6
Bookings Essential	Outing Day Trip* 10.00am Exercise Class	10.00am Exercise Class 10.30am Group – Learn Laugh & Lunch	10.00am Exercise Class 10.00am Exercise Class (Marwal Centre Balwyn Nth)	Outing Day Trip*		
9880 4700	11.15am Exercise Class 12.30pm Lunch	11.00am No Falls Exercise Class 12.30pm Lunch	12.00pm Lunch (Marwal Centre Balwyn Nth) 12.30pm Lunch	12.30pm Lunch		12.30pm
	1.30pm Computer Assistance	1.00pm Craft 1.30pm Movie	1.00pm Pottery 2.00pm Computer Assistance	1.00pm Watercolour Painting 2.00pm Computer Assistance		Lunch
7	8	9	10	11	12	13
Outing Boroondara Blokes	Outing Day Trip* 10.00am Exercise Class	10.00am Exercise Class	10.00am Exercise Class	Outing Day Trip*		
11.00am Special Event Exercise Tai Chi/Qigong Free Trial Class 12.30pm Music Concert	11.15am Exercise Class	10.00am Group - Learn Laugh & Lunch 11.00am No Falls Exercise Class 11.30am Special Event National Trust Lunch	10.00am Exercise Class (Marwal Centre Balwyn Nth)			
(Marwal Centre Balwyn Nth)			12.00pm Lunch (Marwal Centre Balwyn Nth)			
12.30pm Lunch	12.30pm Lunch	12.30pm Lunch	12.30pm Lunch	12.30pm Lunch		12.30pm
1.30pm Brain Games	1.30pm Computer Assistance 1.45pm Cool Cats Music	1.00pm Craft 1.30pm Movie	1.00pm Pottery 2.00pm Computer Assistance	1.00pm Watercolour Painting 2.00pm Computer Assistance		Lunch
14	15	16	17	18	19	20
11.00am Exercise Tai Chi/Qigong	Outing Day Trip* 10.00am Exercise Class 11.15am Exercise Class	10.00am Exercise Class 10.30am Group - Learn Laugh & Lunch	10.00am Exercise Class10.00am Exercise Class (Marwal Centre Balwyn Nth)11.30am Special Event Info. Session	Outing Day Trip*		
12.30pm Music Concert (Marwal Centre Balwyn Nth)		11.00am No Falls Exercise Class	Online Banking Technology 12.00pm Lunch (Marwal Centre Balwyn Nth)			
12.30pm Lunch	12.30pm Lunch	12.30pm Lunch	12.30pm Lunch	12.30pm Lunch		12.30pm
1.30pm Brain Games		1.00pm Craft 1.30pm Movie	1.00pm Pottery 2.00pm Computer Assistance	1.00pm Watercolour Painting2.00pm Computer Assistance		Lunch
21	22	23	24	25	26	27
Outing Boroondara Blokes	Outing Day Trip* 10.00am Exercise Class	10.00am Exercise Class 10.30am Group - Learn Laugh & Lunch	10.00am Exercise Class 10.00am Exercise Class (Marwal Centre Balwyn Nth))	Outing Day Trip* McCrae Homestead		
11.00am Exercise Tai Chi/Qigong 12.30pm Music Concert	11.15am Exercise Class	11.00am No Falls Exercise Class				
(Marwal Centre Balwyn Nth) 12.30pm Lunch	12.30pm Lunch	12.30pm Lunch	12.00pm Lunch (Marwal Centre Balwyn Nth) 12.30pm Lunch	12.30pm Lunch		12.30pm
1.30pm Brain Games	1.30pm Computer Assistance 1.45pm Cool Cats Music	1.00pm Craft 1.30pm Movie	1.00pm Pottery 2.00pm Computer Assistance	1.00pm Watercolour Painting 2.00pm Computer Assistance		Lunch
28	29	30	31			
11.00am Exercise Tai Chi/Qigong	Outing Day Trip* 10.00am Exercise Class 11.15am Exercise Class	10.00am Exercise Class 10.30am Group - Learn Laugh & Lunch	10.00am Exercise Class 10.00am Exercise Class (Marwal Centre Balwyn Nth)			
12.30pm Music Concert (Marwal Centre Balwyn Nth)		11.00am No Falls Exercise Class	12.00pm Lunch (Marwal Centre Balwyn Nth)			
12.30pm Lunch	12.30pm Lunch	12.30pm Lunch	12.30pm Lunch			
1.30pm Brain Games	1.30pm Special Event Info. Session Public Transport	1.00pm Craft 1.30pm Movie	1.00pm Pottery 2.00pm Computer Assistance	Day Trip* Look for trip	details in th	e newsletter