



Meals Service – Week 3 Menu Ph. 9819 7194

Name: _____

Address: _____

*Please tick box A, B or C to order your Main Course.
Please tick the box if you would like Dessert or Stewed Fruit & Soup, in addition to your Main/Salad. All hot main meals are served with vegetables.*

MONDAY

- | | | | |
|-----------------------------------|------------------|--------------------------|------------------------|
| A <input type="checkbox"/> | Greek Style Lamb | <input type="checkbox"/> | Pavlova, Fruit & Cream |
| B <input type="checkbox"/> | Meat Pie | <input type="checkbox"/> | Stewed Fruit |
| C <input type="checkbox"/> | Chicken Salad | <input type="checkbox"/> | Double Tomato Soup |

TUESDAY

- | | | | |
|-----------------------------------|-----------------------|--------------------------|---------------|
| A <input type="checkbox"/> | Indian Butter Chicken | <input type="checkbox"/> | Baked Custard |
| B <input type="checkbox"/> | Lamb Rissoles | <input type="checkbox"/> | Stewed Fruit |
| C <input type="checkbox"/> | Harvest Salad | <input type="checkbox"/> | Mushroom Soup |

WEDNESDAY

- | | | | |
|-----------------------------------|---------------------------|--------------------------|-----------------------|
| A <input type="checkbox"/> | Slow Cooked Pork Shoulder | <input type="checkbox"/> | Cherry Tart |
| B <input type="checkbox"/> | Corned Beef | <input type="checkbox"/> | Stewed Fruit |
| C <input type="checkbox"/> | Farmhouse Salad | <input type="checkbox"/> | Cream of Spinach Soup |

THURSDAY

- | | | | |
|-----------------------------------|----------------|--------------------------|--------------------------|
| A <input type="checkbox"/> | Chicken Tagine | <input type="checkbox"/> | Chocolate Cheesecake |
| B <input type="checkbox"/> | Chow Mein | <input type="checkbox"/> | Stewed Fruit |
| C <input type="checkbox"/> | Greek Salad | <input type="checkbox"/> | Chicken & Vegetable Soup |

FRIDAY

- | | | | |
|-----------------------------------|-----------------------------|--------------------------|------------------------|
| A <input type="checkbox"/> | Poached Fish & Lemon Butter | <input type="checkbox"/> | Sticky Date Pudding |
| B <input type="checkbox"/> | Roast Chicken | <input type="checkbox"/> | Stewed Fruit |
| C <input type="checkbox"/> | Caesar Salad | <input type="checkbox"/> | Broccoli & Cheese Soup |

VEGETARIAN MEALS AVAILABLE ON REQUEST. PLEASE CONTACT OUR OFFICE FOR THIS WEEK'S SELECTION.

***Please return this completed menu via your volunteer by next MONDAY
FAX: 9859 2357 or email: marwal@basscare.org.au***