

Meals Service – Week 3 Winter Menu Ph. 9880 4703

Name: _____

Address: _____

*Please tick box A, B or C to order your Main Course.
Please tick the box if you would like Dessert or Fresh Fruit & Soup, in addition to your Main/Salad. All hot main meals are served with vegetables.*

MONDAY	
A <input type="checkbox"/>	Greek Style Lamb
B <input type="checkbox"/>	Meat Pies
C <input type="checkbox"/>	Chicken Salad
<input type="checkbox"/>	Pavlova
<input type="checkbox"/>	Fresh Fruit
<input type="checkbox"/>	Tomato Soup

TUESDAY	
A <input type="checkbox"/>	Butter Chicken
B <input type="checkbox"/>	Lamb Rissoles
C <input type="checkbox"/>	Harvest Salad
<input type="checkbox"/>	Baked Custard
<input type="checkbox"/>	Fresh Fruit
<input type="checkbox"/>	Mushroom Soup

WEDNESDAY	
A <input type="checkbox"/>	Slow Cooked Pork
B <input type="checkbox"/>	Corned Beef
C <input type="checkbox"/>	Farmhouse Salad
<input type="checkbox"/>	Cherry Bakewell Tart
<input type="checkbox"/>	Fresh Fruit
<input type="checkbox"/>	Cream of Spinach Soup

THURSDAY	
A <input type="checkbox"/>	Chicken Tagine
B <input type="checkbox"/>	Chow Mein
C <input type="checkbox"/>	Greek Salad
<input type="checkbox"/>	Chocolate Cheesecake
<input type="checkbox"/>	Fresh Fruit
<input type="checkbox"/>	Chicken Pasta Soup

FRIDAY	
A <input type="checkbox"/>	Poached Fish & Lemon Butter
B <input type="checkbox"/>	Roast Chicken
C <input type="checkbox"/>	Caesar Salad
<input type="checkbox"/>	Sticky Date Pudding
<input type="checkbox"/>	Fresh Fruit
<input type="checkbox"/>	Broccoli & Cheese Soup

VEGETARIAN MEALS AVAILABLE ON REQUEST. PLEASE CONTACT OUR OFFICE FOR THIS WEEK'S SELECTION.

***Please return this completed menu via your volunteer by next MONDAY
FAX: 9888 5776 or email: mealsservice@basscare.org.au***