

Meals Service – Week 2 Winter Menu Ph. 9880 4703

Name: _____

Address: _____

*Please tick box A, B or C to order your Main Course.
Please tick the box if you would like Dessert or Fresh Fruit & Soup, in addition to your Main/Salad. All hot main meals are served with vegetables.*

MONDAY	
A <input type="checkbox"/> Meatloaf B <input type="checkbox"/> Mild Mango Chicken Curry C <input type="checkbox"/> Greek Salad	<input type="checkbox"/> Orange Syrup Cake <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Potato & Leek Soup

TUESDAY	
A <input type="checkbox"/> Fish Stew B <input type="checkbox"/> Braised Steak C <input type="checkbox"/> Caesar Salad	<input type="checkbox"/> Berry Custard Tart <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Beef & Barley Soup

WEDNESDAY	
A <input type="checkbox"/> Bacon & Mushroom Chicken B <input type="checkbox"/> Lamb Casserole C <input type="checkbox"/> Chicken Salad	<input type="checkbox"/> Vanilla Cheesecake <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Cauliflower Soup

THURSDAY	
A <input type="checkbox"/> Curried Sausages B <input type="checkbox"/> Honey Soy Chicken C <input type="checkbox"/> Harvest Salad	<input type="checkbox"/> Cherry & Apple Studel <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Lamb & Vegetable Soup

FRIDAY	
A <input type="checkbox"/> Chargrilled Salmon B <input type="checkbox"/> Slow Cooked Beef Brisket C <input type="checkbox"/> Farmhouse Salad	<input type="checkbox"/> Coconut Sultana Custard <input type="checkbox"/> Fresh Fruit <input type="checkbox"/> Pea & Ham Soup

VEGETARIAN MEALS AVAILABLE ON REQUEST. PLEASE CONTACT OUR OFFICE FOR THIS WEEK'S SELECTION.

***Please return this completed menu via your volunteer by next MONDAY
FAX: 9888 5776 or email: mealsservice@basscare.org.au***