

Meals Service – Week 1 Menu Ph. 9819 7194

Name: _____

Address: _____

*Please tick box A, B or C to order your Main Course.
Please tick the box if you would like Dessert or Stewed Fruit & Soup, in addition to your
Main/Salad. All hot main meals are served with vegetables.*

MONDAY

- | | | | |
|-----------------------------------|-----------------------|--------------------------|---------------------------|
| A <input type="checkbox"/> | Cottage Pie | <input type="checkbox"/> | Lemon Cheesecake |
| B <input type="checkbox"/> | Pork Sausages & Gravy | <input type="checkbox"/> | Stewed Fruit |
| C <input type="checkbox"/> | Farmhouse Salad | <input type="checkbox"/> | Sweet Potato & Bacon Soup |

TUESDAY

- | | | | |
|-----------------------------------|------------------------------|--------------------------|--------------------------|
| A <input type="checkbox"/> | Garlic & Lemon Chicken | <input type="checkbox"/> | Bread & Butter Pudding |
| B <input type="checkbox"/> | Fish with Beurre Blanc Sauce | <input type="checkbox"/> | Stewed Fruit |
| C <input type="checkbox"/> | Caesar Salad | <input type="checkbox"/> | Chicken & Vegetable Soup |

WEDNESDAY

- | | | | |
|-----------------------------------|--------------------------|--------------------------|----------------------|
| A <input type="checkbox"/> | Roast Lamb & Mint Sauce | <input type="checkbox"/> | Apple Danish & Cream |
| B <input type="checkbox"/> | Indian Chicken Schnitzel | <input type="checkbox"/> | Stewed Fruit |
| C <input type="checkbox"/> | Chicken Salad | <input type="checkbox"/> | Potato & Ham Soup |

THURSDAY

- | | | | |
|-----------------------------------|-------------------------------|--------------------------|---------------------------|
| A <input type="checkbox"/> | Poached Chicken in Wine sauce | <input type="checkbox"/> | Pineapple Upsidedown Cake |
| B <input type="checkbox"/> | Apple & Cider Park | <input type="checkbox"/> | Stewed Fruit |
| C <input type="checkbox"/> | Harvest Salad | <input type="checkbox"/> | Creamy Tomato Soup |

FRIDAY

- | | | | |
|-----------------------------------|------------------|--------------------------|----------------------|
| A <input type="checkbox"/> | Crumbed Fish | <input type="checkbox"/> | Tiramisu |
| B <input type="checkbox"/> | Beef Bourguignon | <input type="checkbox"/> | Stewed Fruit |
| C <input type="checkbox"/> | Greek Salad | <input type="checkbox"/> | Carrot & Ginger Soup |

**VEGETARIAN MEALS AVAILABLE ON REQUEST. PLEASE CONTACT
OUR OFFICE FOR THIS WEEK'S SELECTION.**

***Please return this completed menu via your volunteer by next MONDAY
FAX: 9859 2357 or email: marwal@basscare.org.au***