



Meals Service – Week Winter 1 Menu Ph. 9880 4703

Name: _____

Address: _____

*Please tick box A, B or C to order your Main Course.
Please tick the box if you would like Dessert or Fresh Fruit & Soup, in addition to your Main/Salad. All hot main meals are served with vegetables.*

MONDAY			
A <input type="checkbox"/>	Cottage Pie	<input type="checkbox"/>	Lemon Cheesecake
B <input type="checkbox"/>	Pork Sausages & Gravy	<input type="checkbox"/>	Fresh Fruit
C <input type="checkbox"/>	Farmhouse Salad	<input type="checkbox"/>	Sweet Potato & Bacon Soup

TUESDAY			
A <input type="checkbox"/>	Garlic & Lemon Chicken	<input type="checkbox"/>	Bread & Butter Pudding
B <input type="checkbox"/>	Fish With Beurre Blanc Sauce	<input type="checkbox"/>	Fresh Fruit
C <input type="checkbox"/>	Greek Salad	<input type="checkbox"/>	Chicken & Vegetable Soup

WEDNESDAY			
A <input type="checkbox"/>	Roast Lamb & Mint Sauce	<input type="checkbox"/>	Apple Danish & Cream
B <input type="checkbox"/>	Indian Chicken Schnitzel	<input type="checkbox"/>	Fresh Fruit
C <input type="checkbox"/>	Caesar Salad	<input type="checkbox"/>	Potato & Ham Soup

THURSDAY			
A <input type="checkbox"/>	Poached Chicken in Wine Sauce	<input type="checkbox"/>	Pineapple Upsidedown Cake
B <input type="checkbox"/>	Apple Cider Pork	<input type="checkbox"/>	Fresh Fruit
C <input type="checkbox"/>	Chicken Salad	<input type="checkbox"/>	Creamy Tomato Soup

FRIDAY			
A <input type="checkbox"/>	Crumbed Fish	<input type="checkbox"/>	Tiramisu
B <input type="checkbox"/>	Beef Bouguignon	<input type="checkbox"/>	Fresh Fruit
C <input type="checkbox"/>	Harvest Salad	<input type="checkbox"/>	Carrot & Ginger Soup

VEGETARIAN MEALS AVAILABLE ON REQUEST. PLEASE CONTACT OUR OFFICE FOR THIS WEEK'S SELECTION.

***Please return this completed menu via your volunteer by next MONDAY
FAX: 9888 5776 or email: mealsservice@basscare.org.au***