Meals on Wheels

We provide regular meals and caring contact for your loved ones





Delivering nutritious meals to older people in Boroondara

It's true. Problems like isolation and loneliness amongst older people and those with disabilities are a growing concern.

At BASScare, we're doing something about it. Each weekday between 11:30am and 1pm our team of dedicated volunteers deliver hot, ready-to-eat, nourishing meals to our clients.

They do so with the utmost respect and consideration. Each client and their families can take comfort knowing that BASScare volunteers have come calling to check on their well-being.

Our delicious three course meals are very reasonably priced and are subsidised by Boroondara Council and the Department of Health. We can also provide frozen, ready-to-heat meals for weekends and public holidays.

BASScare Meals-on-Wheels currently delivers to: Canterbury, Surrey Hills, Camberwell, Deepdene, Balwyn and Balwyn North. Our meals are carefully prepared on-site by professional chefs in our purpose built kitchens.

Some of our popular dishes include:

- The Sunday roast
- Apricot chicken

catering

- Sausage & mash
- Butter chicken
- Lasagne

and dessert.

Each meal comes with a soup of the day

Special dietary requirements can be catered for including – diabetic, low fat, gluten free, fructose free and vitamised options.

Dine in at our Community Dining Rooms

A nourishing wholesome lunch is served 5 days a week (excluding public holidays) at the Canterbury Centre, and once a week at the Marwal Centre and Faversham House.

We offer door-to-door transport, so it's easy to enjoy getting out and meeting new people. (Booking for transport is essential, simply phone the number below).

To make a lunch booking at our Community Dining Rooms phone **03 9880 4700**

Volunteering at BASScare



Perhaps you have some spare time on a regular basis? We have a vibrant group of dedicated volunteers, but we are always looking for more friendly faces to help deliver meals or fill other volunteer roles.

Meals-on-Wheels for yourself or a loved one.

Phone the number below for more information and to find out how you can receive Meals-on-Wheels. Our friendly staff can assist you with the process to make this as easy as possible.

To arrange Meals-on-Wheels phone 03 9880 4703

Boroondara Aged Services Society

We are a not-for-profit, community based provider offering a broad range of aged care services in Boroondara. These include residential care facilities, respite care, dementia specific services and an extensive activities program.

From in-home through to palliative care, we empower those over 55 to feel good and live well through every stage of ageing.

BASSCare

Boroondara Aged Services Society

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