



Meals Service – Week 2 Menu Ph. 9819 7194

Week commencing

Name: _____

Address: _____

*Please tick box A, B or C to order your Main Course.
Please tick the box if you would like Dessert or Stewed Fruit & Soup, in addition to your Main/Salad. All hot main meals are served with vegetables.*

MONDAY			
A <input type="checkbox"/>	Braised Steak	<input type="checkbox"/>	Orange Syrup Cake
B <input type="checkbox"/>	Mild Mango Chicken Curry	<input type="checkbox"/>	Stewed Fruit
C <input type="checkbox"/>	Greek Salad	<input type="checkbox"/>	Cream of Chicken Soup

TUESDAY			
A <input type="checkbox"/>	Fish Steak & Parsley Butter	<input type="checkbox"/>	Berry Tart
B <input type="checkbox"/>	Greek Style Lamb Back Strap	<input type="checkbox"/>	Stewed Fruit
C <input type="checkbox"/>	Caesar Salad	<input type="checkbox"/>	Beef & Barley Soup

WEDNESDAY			
A <input type="checkbox"/>	Chicken Bruschetta	<input type="checkbox"/>	Cheesscake
B <input type="checkbox"/>	Roast Turkey	<input type="checkbox"/>	Stewed Fruit
C <input type="checkbox"/>	Chicken Salad	<input type="checkbox"/>	Minestrone Soup

THURSDAY			
A <input type="checkbox"/>	Curried Sausages	<input type="checkbox"/>	Cherry & Apple Studel
B <input type="checkbox"/>	Moussaka	<input type="checkbox"/>	Stewed Fruit
C <input type="checkbox"/>	Harvest Salad	<input type="checkbox"/>	Potato & Leek Soup

FRIDAY			
A <input type="checkbox"/>	Smoked Cod Patties	<input type="checkbox"/>	Coconut Sultana Custard
B <input type="checkbox"/>	Roast Pork	<input type="checkbox"/>	Stewed Fruit
C <input type="checkbox"/>	Farmhouse Salad	<input type="checkbox"/>	Tomato Soup

VEGETARIAN MEALS AVAILABLE ON REQUEST. PLEASE CONTACT OUR OFFICE FOR THIS WEEK'S SELECTION.

***Please return this completed menu via your volunteer by next MONDAY
FAX: 9859 2357 or email: marwal@basscare.org.au***