

Meals Service – Week 2 Menu Ph. 9880 4703

Week commencing Monday_____

Name: _____

Address: _____

*Please tick box A, B or C to order your Main Course.
Please tick the box if you would like Dessert or Fresh Fruit & Soup, in addition to your Main/Salad. All hot main meals are served with vegetables.*

MONDAY			
A	<input type="checkbox"/>	Braised Steak	<input type="checkbox"/> Orange Syrup Cake
B	<input type="checkbox"/>	Mild Mango Chicken Curry	<input type="checkbox"/> Fresh Fruit
C	<input type="checkbox"/>	Greek Salad	<input type="checkbox"/> Beef & Barley Soup

TUESDAY			
A	<input type="checkbox"/>	Fish Steak & Parsley Butter	<input type="checkbox"/> Berry Tart
B	<input type="checkbox"/>	Greek Style Roast Lamb	<input type="checkbox"/> Fresh Fruit
C	<input type="checkbox"/>	Caesar Salad	<input type="checkbox"/> Potato & Leek Soup

WEDNESDAY			
A	<input type="checkbox"/>	Chicken Bruschetta	<input type="checkbox"/> Cheesecake
B	<input type="checkbox"/>	Roast Turkey	<input type="checkbox"/> Fresh Fruit
C	<input type="checkbox"/>	Chicken Salad	<input type="checkbox"/> Cauliflower Soup

THURSDAY			
A	<input type="checkbox"/>	Curried Sausages	<input type="checkbox"/> Cherry & Apple Studel
B	<input type="checkbox"/>	Moussaka	<input type="checkbox"/> Fresh Fruit
C	<input type="checkbox"/>	Harvest Salad	<input type="checkbox"/> Pumpkin & Sweet Potato Soup

FRIDAY			
A	<input type="checkbox"/>	Smoked Cod Patties	<input type="checkbox"/> Coconut Sultana Custard
B	<input type="checkbox"/>	Roast Pork	<input type="checkbox"/> Fresh Fruit
C	<input type="checkbox"/>	Farmhouse Salad	<input type="checkbox"/> Lamb & Vegetable Soup

VEGETARIAN MEALS AVAILABLE ON REQUEST. PLEASE CONTACT OUR OFFICE FOR THIS WEEK'S SELECTION.

***Please return this completed menu via your volunteer by next MONDAY
FAX: 9888 5776 or email: mealsservice@basscare.org.au***