

**Meals Service – Week 2 Menu Ph. 9880 4703****Week commencing Monday\_\_\_\_\_**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

*Please tick box A, B or C to order your Main Course.**Please tick the box if you would like Dessert or Fresh Fruit & Soup, in addition to your Main/Salad. All hot main meals are served with vegetables.***MONDAY**

- |          |                          |                          |                          |                    |
|----------|--------------------------|--------------------------|--------------------------|--------------------|
| <b>A</b> | <input type="checkbox"/> | Braised Steak            | <input type="checkbox"/> | Orange Syrup Cake  |
| <b>B</b> | <input type="checkbox"/> | Mild Mango Chicken Curry | <input type="checkbox"/> | Fresh Fruit        |
| <b>C</b> | <input type="checkbox"/> | Greek Salad              | <input type="checkbox"/> | Beef & Barley Soup |

**TUESDAY**

- |          |                          |                             |                          |                    |
|----------|--------------------------|-----------------------------|--------------------------|--------------------|
| <b>A</b> | <input type="checkbox"/> | Fish Steak & Parsley Butter | <input type="checkbox"/> | Berry Tart         |
| <b>B</b> | <input type="checkbox"/> | Greek Style Roast Lamb      | <input type="checkbox"/> | Fresh Fruit        |
| <b>C</b> | <input type="checkbox"/> | Caesar Salad                | <input type="checkbox"/> | Potato & Leek Soup |

**WEDNESDAY**

- |          |                          |                    |                          |                  |
|----------|--------------------------|--------------------|--------------------------|------------------|
| <b>A</b> | <input type="checkbox"/> | Chicken Bruschetta | <input type="checkbox"/> | Cheesecake       |
| <b>B</b> | <input type="checkbox"/> | Roast Turkey       | <input type="checkbox"/> | Fresh Fruit      |
| <b>C</b> | <input type="checkbox"/> | Chicken Salad      | <input type="checkbox"/> | Cauliflower Soup |

**THURSDAY**

- |          |                          |                  |                          |                             |
|----------|--------------------------|------------------|--------------------------|-----------------------------|
| <b>A</b> | <input type="checkbox"/> | Curried Sausages | <input type="checkbox"/> | Cherry & Apple Studel       |
| <b>B</b> | <input type="checkbox"/> | Moussaka         | <input type="checkbox"/> | Fresh Fruit                 |
| <b>C</b> | <input type="checkbox"/> | Harvest Salad    | <input type="checkbox"/> | Pumpkin & Sweet Potato Soup |

**FRIDAY**

- |          |                          |                    |                          |                         |
|----------|--------------------------|--------------------|--------------------------|-------------------------|
| <b>A</b> | <input type="checkbox"/> | Smoked Cod Patties | <input type="checkbox"/> | Coconut Sultana Custard |
| <b>B</b> | <input type="checkbox"/> | Roast Pork         | <input type="checkbox"/> | Fresh Fruit             |
| <b>C</b> | <input type="checkbox"/> | Farmhouse Salad    | <input type="checkbox"/> | Lamb & Vegetable Soup   |

**VEGETARIAN MEALS AVAILABLE ON REQUEST. PLEASE CONTACT  
OUR OFFICE FOR THIS WEEK'S SELECTION.*****Please return this completed menu via your volunteer by next MONDAY  
FAX: 9888 5776 or email: [mealsservice@basscare.org.au](mailto:mealsservice@basscare.org.au)***