



Meals Service – Week 1 Menu Ph. 9819 7194

Week commencing Monday _____

Name: _____

Address: _____

*Please tick box A, B or C to order your Main Course.
Please tick the box if you would like Dessert or Stewed Fruit & Soup, in addition to your Main/Salad. All hot main meals are served with vegetables.*

MONDAY			
A <input type="checkbox"/>	Cottage Pie	<input type="checkbox"/>	Lemon Cheesecake
B <input type="checkbox"/>	Pork Sausages & Gravy	<input type="checkbox"/>	Stewed Fruit
C <input type="checkbox"/>	Farmhouse Salad	<input type="checkbox"/>	Creamy Tomato Soup

TUESDAY			
A <input type="checkbox"/>	Autumn Chicken	<input type="checkbox"/>	Bread & Butter Pudding
B <input type="checkbox"/>	Grilled Salmon Steaks	<input type="checkbox"/>	Stewed Fruit
C <input type="checkbox"/>	Caesar Salad	<input type="checkbox"/>	Potato & Ham Soup

WEDNESDAY			
A <input type="checkbox"/>	Roast Lamb & Mint Sauce	<input type="checkbox"/>	Apple Pie & Cream
B <input type="checkbox"/>	Stir Fried Beef, Vegetable & Rice	<input type="checkbox"/>	Stewed Fruit
C <input type="checkbox"/>	Chicken Salad	<input type="checkbox"/>	Chicken & Vegetable Soup

THURSDAY			
A <input type="checkbox"/>	Chicken Roulade	<input type="checkbox"/>	Pineapple Upsidedown Cake
B <input type="checkbox"/>	Veal Schnitzel	<input type="checkbox"/>	Stewed Fruit
C <input type="checkbox"/>	Harvest Salad	<input type="checkbox"/>	Sweet Potato & Bacon Soup

FRIDAY			
A <input type="checkbox"/>	Battered Fish	<input type="checkbox"/>	Tiramisu
B <input type="checkbox"/>	Chicken Jumbalya	<input type="checkbox"/>	Stewed Fruit
C <input type="checkbox"/>	Greek Salad	<input type="checkbox"/>	Carrot & Ginger Soup

VEGETARIAN MEALS AVAILABLE ON REQUEST. PLEASE CONTACT OUR OFFICE FOR THIS WEEK'S SELECTION.

***Please return this completed menu via your volunteer by next MONDAY
FAX: 9859 2357 or email: marwal@basscare.org.au***