

Meals Service – Week 1 Menu Ph. 9880 4703

Week commencing Monday _____

Name: _____

Address: _____

*Please tick box A, B or C to order your Main Course.
Please tick the box if you would like Dessert or Fresh Fruit & Soup, in addition to your Main/Salad. All hot main meals are served with vegetables.*

MONDAY	
A <input type="checkbox"/>	Cottage Pie
B <input type="checkbox"/>	Pork Sausages & Gravy
C <input type="checkbox"/>	Farmhouse Salad
<input type="checkbox"/>	Lemon Cheesecake
<input type="checkbox"/>	Fresh Fruit
<input type="checkbox"/>	Creamy Tomato Soup

TUESDAY	
A <input type="checkbox"/>	Autumn Chicken
B <input type="checkbox"/>	Grilled Salmon Steaks
C <input type="checkbox"/>	Caesar Salad
<input type="checkbox"/>	Bread & Butter Pudding
<input type="checkbox"/>	Fresh Fruit
<input type="checkbox"/>	Potato & Ham Soup

WEDNESDAY	
A <input type="checkbox"/>	Roast Lamb & Mint Sauce
B <input type="checkbox"/>	Stir Fried Beef, Vegetable & Rice
C <input type="checkbox"/>	Chicken Salad
<input type="checkbox"/>	Apple Pie & Cream
<input type="checkbox"/>	Fresh Fruit
<input type="checkbox"/>	Chicken & Vegetable Soup

THURSDAY	
A <input type="checkbox"/>	Chicken Roulade
B <input type="checkbox"/>	Veal Schnitzel
C <input type="checkbox"/>	Harvest Salad
<input type="checkbox"/>	Pineapple Upsidedown Cake
<input type="checkbox"/>	Fresh Fruit
<input type="checkbox"/>	Sweet Potato and Bacon Soup

FRIDAY	
A <input type="checkbox"/>	Battered Fish
B <input type="checkbox"/>	Chicken Jumbalya
C <input type="checkbox"/>	Greek Salad
<input type="checkbox"/>	Tiramisu
<input type="checkbox"/>	Fresh Fruit
<input type="checkbox"/>	Carrot & Ginger Soup

VEGETARIAN MEALS AVAILABLE ON REQUEST. PLEASE CONTACT OUR OFFICE FOR THIS WEEK'S SELECTION.

***Please return this completed menu via your volunteer by next MONDAY
FAX: 9888 5776 or email: mealsservice@basscare.org.au***