

**Meals Service – Week 1 Summer Menu ph.9880 4703**

**We value your feedback. Please use the back of this menu to give some.**

**Week Commencing: Monday** \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

**Please place a tick in the box A or B to order your Main Course and Dessert. Vegetables accompany all main meals.**

**(Soup will accompany each meal ordered)**

**MONDAY**

A  Chicken Parmigiana

Peach Crumble

**OR**

**OR**

B  Mini Quiches

Fresh Fruit

**TUESDAY**

A  Beef Bacon and Red Wine stew

Sticky Date Pudding

**OR**

**OR**

B  Ham Salad

Fresh Fruit

**WEDNESDAY**

A  Spaghetti and Meatballs

Pavlova with Fruit

**OR**

**OR**

B  Sweet and Sour pork

Fresh Fruit

**THURSDAY**

A  Corned Silverside with Mustard Sauce

Baked Apples & Custard

**OR**

**OR**

B  Chicken Pieces with Plum Sauce

Fresh Fruit

**FRIDAY**

A  Crumbed Fish Fillet

Caramel Mousse

**OR**

**OR**

B  Ham and Cheese Omelette

Fresh Fruit

**Please return this completed menu to BASS Care via your volunteer by next MONDAY or FAX 9888 5776**